



You will be enriched in every way for your great generosity, which will produce thanksgiving to God; for the rendering of this ministry not only supplies the needs of the saints but also overflows with many thanksgivings to God." 2 Corinthians 9:8-11

Collection February 3 & 4	Collections Required Per Week	Weekly Collection + / -	Year to Date Collections + / -
\$ 3,496.50	\$ 3,860.00	- \$ 363.50	- \$ 354.15



BUILDING FUND COLLECTION - will be the second collection on **February 17 & 18**.

FEBRUARY		
12	Knights Cribbage Tournament	6:30 pm
13	Lions Prairie Mass	2:00 pm
14	Parish Office Closed	
14	Scripture Reflection	2:00 pm
14	Ash Wednesday	
15	Ministry of Hope	7:00 pm
16	Stations of the Cross	7:00 pm
18	Community Breakfast after Mass	
19	Knights Cribbage Tournament	6:30 pm
21	M.D.C. Mass	10:00 am



Parish Office will be closed Wednesday, February 14th.



COMMUNITY PARISH BREAKFAST - will be Sunday, **February 18th, after mass**, in the parish hall, hosted by the Knights of Columbus. Menu will include **hash browns, pancakes, & sausages**. Suggested donation of \$7.00 per person or \$25.00 for family of 4 or more. Funds raised will go towards the building project. Everyone is invited! **Please come and join us.**



St. Ambrose Church - Valentine Bake Sale Sunday February 11th, after Mass



IN OUR THOUGHTS AND PRAYERS

Our sincerest condolences to the family and friends of Carl St. Goddard. Please remember him in your prayers. May he rest in the peace of Christ.

SYNOD - A handout explaining the Archdiocesan Synod process is available in the gathering area. Our parish delegates - Tracy Maloney-Bullock, Ruth Mulligan, Michel Touchette - are seeking further feedback from parishioners before the next session. Please take this opportunity to have a say in the future direction of our diocese and parish. **There are extra copies for those who didn't get one last weekend.** Please return feedback by **February 18** in writing to the basket in the gathering area or by email to ruthmul@mymts.net. Thank you.



KNIGHTS OF COLUMBUS - Cribbage tournament will be held each Monday in February, the 12th, 19th, 26th, & March 5th at the Good Shepherd Church Hall at 1225 Sask.

Ave East. The top two scores each week will advance to the playoff round. The playoff will be held on Monday March 6th where prizes will be awarded for 1st to 4th place. Registration begins each night at 6:30 PM and games start at 7:00 PM sharp. Entry fee is \$ 10.00 per player, 10 each single player games will be held each night. 50% of each nights entry fees will be put towards the playoff prize money. A side tournament the night of the playoff will also be held with a 50% payout of the nights entry fee. Canteen will be available. For more info please contact Kevin Le Lievre at 204-239-6696.

WORD AMONG US REFLECTION BOOKLETS

for the month of **February** booklets are available in the gathering area. If you choose to pick up a booklet for yourself, the cost of these books are \$2.50 each. Please give as it help to cover our costs.



Four-year-old Marvin Just Loved Chocolate

- On Valentine's Day, his father brought home a big heart-shaped box of chocolates for his mother. She rewarded him with a hug and a kiss, opened the box, had a couple pieces and brought the box over to Marvin. "Would you like a piece of chocolate from this lovely box Daddy gave me?" she asked. "Sure!" Marvin replied. He reached out for one, then reconsidered and reached out for another. "Be careful how you choose," his mother said. "Because if you touch one you have to eat it." "I do?" Marvin asked. "Yes you do," the mother came back. Marvin thought for a moment, then then ran his little hand over all the pieces, smiled and said, "Now I have to eat them all, right?"



BAPTISM PREPARATION

- is planned for Saturday, February 24th from 9:00 am till 1:30 pm (lunch is provided). To register please call the parish office or Dawn at 204-872-2897.

ASH WEDNESDAY

Ash Wednesday is one of the most popular and important holy days in the liturgical calendar. Ash Wednesday opens Lent, a season of fasting and prayer. Ash Wednesday takes place 46 days before Easter Sunday, and is chiefly observed by Catholics, although many other Christians observe it too. Ash Wednesday comes from the ancient Jewish tradition of penance and fasting. The practice includes the wearing of ashes on the head. The ashes symbolize the dust from which God made us. As the priest applies the ashes to a person's forehead, he speaks the words: "Remember that you are dust, and to dust you shall return." Alternatively, the priest may speak the words, "Repent and believe in the Gospel." Ashes also symbolize grief, in this case, grief that we have sinned and caused division from God. Writings from the Second-century Church refer to the wearing of ashes as a sign of penance. Priests administer ashes during Mass and all are invited to accept the ashes as a visible symbol of penance. Even non-Christians and the excommunicated are welcome to receive the ashes. The ashes are made from blessed palm branches, taken from the previous year's palm Sunday Mass. It is important to remember that Ash Wednesday is a day of penitential prayer and fasting. Some faithful take the rest of the day off work and remain home. It is generally inappropriate to dine out, to shop, or to go about in public after receiving the ashes. Feasting is highly inappropriate. Small children, the elderly and sick are exempt from this observance. It is not required that a person wear the ashes for the rest of the day, and they may be washed off after Mass. However, many people keep the ashes as a reminder until the evening. Recently, movements have developed that involve pastors distributing ashes to passersby in public places. This isn't considered taboo, but Catholics should know this practice is distinctly Protestant. Catholics should still receive ashes within the context of Mass. In some cases, ashes may be delivered by a priest or a family member to those who are sick or shut-in. Ash Wednesday marks the beginning of the Season of Lent. It is a season of penance, reflection, and fasting which prepares us for Christ's Resurrection on Easter Sunday, through which we attain redemption.

WHY WE RECEIVE THE ASHES - Following the example of the Ninevites, who did penance in sackcloth and ashes, our foreheads are marked with ashes to humble our hearts and reminds us that life passes away on Earth. We remember this when we are told "Remember, Man is dust, and unto dust you shall return." Ashes are a symbol of penance made sacramental by the blessing of the Church, and they help us develop a spirit of humility and sacrifice. The distribution of ashes comes from a ceremony of ages past. Christians who had committed grave faults performed public penance. On Ash Wednesday, the Bishop blessed the hair shirts which they were to wear during the forty days of penance, and sprinkled over them ashes made from the palms from the previous year. Then, while the faithful recited the Seven Penitential Psalms, the penitents were turned out of the church because of their sins -- just as Adam, the first man, was turned out of Paradise because of his disobedience. The penitents did not enter the church again until Maundy Thursday after having won reconciliation by the toil of forty days' penance and sacramental absolution. Later, all Christians, whether public or secret penitents, came to receive ashes out of devotion. In earlier times, the distribution of ashes was followed by a penitential procession.

THE ASHES - The ashes are made from the blessed palms used in the Palm Sunday celebration of the previous year. The ashes are christened with Holy Water and are scented by exposure to incense. While the ashes symbolize penance and contrition, they are also a reminder that God is gracious and merciful to those who call on Him with repentant hearts. His Divine mercy is of utmost importance during the season of Lent, and the Church calls on us to seek that mercy during the entire Lenten season with reflection, prayer and penance.

STEWARDSHIP REFLECTION - Ash Wednesday - The Gospel reading for Ash Wednesday concerns itself with what has become a traditional three-part Lenten exercise: prayer, fasting and almsgiving. Jesus instructs his followers to turn to God, to turn from self-interest and to deepen their relationship with the Lord in secret. He tells them in effect that a humble and quiet disposition toward prayer, self-denial and reaching out to others is transforming and leads to a favorable outcome. What is our plan to turn ever closer to God in this Lenten season? Are we prepared to treat this season as a sacred time, a time to deepen our own relationship with the one who redeemed us?



"40 CANS FOR LENT" - Knights of Columbus - are sponsoring "40 Cans for Lent". Hunger knows no season and every day many people go hungry. The goal of this program is for each Council member and each Parishioner to contribute 1 non-perishable food item per day during the 40 days of Lent in order to help keep our local food pantries well stocked all year round. The items 'can' be dropped off in the baskets in the gathering area. Some items could be used at Prairie Welcome House, and the bulk delivered to Salvation Army and/or the soup kitchen. Thank you for your generosity. Last years total was **1,151**

The rosary is recited before every Saturday evening mass starting at 6:20 pm

6th Sunday In Ordinary Time Saturday, February 10th	7:00 pm	Good Shepherd	†J.D. & †Clara Carroll & †Eugene Peltier by Bill & Florence Zettler
Sunday, February 11th	10:30 am 1:00 pm	Good Shepherd St. Ambroise	†Joe Soos by the Le Lievre Family †Mel St. Goddard by the Family
Tuesday, February 13th	2:00 pm	Lions Prairie Manor	Special Intentions by Betty Conrad
Ash Wednesday Wednesday, February 14th	7:00 pm	Good Shepherd	†Father Renato Pasinato by the Bullock Family
Thursday, February 15th	9:00 am	Good Shepherd	All souls in Purgatory by Jacklin Jackson
Friday, February 16th	9:00 am	Good Shepherd	†Andy Loucks by Family
1st Sunday Of Lent Saturday, February 17th	7:00 pm	Good Shepherd	†Caroline Loucks by Family
Sunday, February 18th	10:30 am 1:00 pm	Good Shepherd St. Ambroise	†Jeannette Houle by Margaret Whiteley †Harry Lavallee by the Family

Friendly Reminders

Saturday, February 17th

Greeters - Irma Gobert, Madeline Provo
Ushers - Bill & Florence Zettler
 Cecile Scott, Paul Seguin
Gift Bearers - Lionel & Armande Bernardin
Lectors - Jane Hebert, Helena Kot
Eucharist Ministers - Jo-ann Voesenek, Bob Dionne,
 Rosemary Barney, Donna Rey, Bernadette Gnanapragasam

Friendly Reminders

Sunday, February 18th

Greeters - Hazel Desjardin, Joan Dufresene
Ushers - Bill & Elaine Vint.
 Michel Dufault, Dawson Lernowicz
Gift Bearers - Galarneau Family
Lectors - Irv Wegleitner, Kerry McGowan
Ministers - Garry & Dawn Lernowicz, Evaristo Garcia,
 Margaret Whiteley, Arthur Rey, Rose Marie Neault,
 Sinto Sebastian

PRAYER FOR THE SICK - **Our Father** (Protector and sustainer of all people) **Who art in Heaven** (But also in this room, this facility, this home) **Hallowed be thy name** (Your names are many. May I call you "healer" this day?) **Thy kingdom come** (May your peace and joy one day again be mine) **Thy will be done** (I drop my pleas, and hand everything over to you) **On earth as it is in Heaven** (Here and now, as I remain in this world) **Give us this day our daily bread** (Provide me with the strength and resources I need this day) **And forgive us our trespasses** (Transform my weariness of this bed, these walls, this confinement) **As we forgive those who trespass against us** (Enlarge my understanding of people who don't come, or who stay too long; Or those who seem insensitive, or slow to respond to my needs) **And lead us not into temptation** (Restrain my desire to scream, lash out, accuse, find fault) **But deliver us from evil** (Relieve my apathy, impatience, and despair,) **For thine is the kingdom, the power, the glory** (For only you can give me the hope that truly sustains me in life) **Forever and ever** (Today and always) **Amen.** Chaplain Patricia Duffield, BCC



STATIONS OF THE CROSS - the stations of the cross is a popular devotion used by individuals or groups who wish through prayer and reflection to follow Jesus Christ on His way to Calvary. It is one of the most important devotions honoring the passion of Jesus. What matters most in the stations of the cross is to follow Jesus Christ in his passion and to see ourselves mirrored in him. To face life's dark side in ourselves and in our world, we need images of hope, and Jesus offers images of hope in his passion. Each Friday evening of Lent, the Stations of the Cross will be led by various ministries of our parish, beginning at 7:00 pm. Holy Hour with adoration of the **Blessed Sacrament will precede at 6:30 starting February 16th.** All parishioners are encouraged to attend this special Lenten devotion.

SCRIPTURE REFLECTION - With the anticipation of Lent around the corner, **we may offer an evening session after Stations of the Cross on some Friday evenings in February and early March.** Please note that people are not always free to attend the weekly sessions, therefore you do not need to commit to being at every session. The discussion has been very good, and each person has an opportunity to speak as they are comfortable to participate. All are welcome.